

3 main points why we should read the Bible:

1. Bible is our spiritual nourishment

Imagine that you go a day without eating anything. Then a week. And a month. As time goes on, you become weaker and weaker. Our bodies need nourishment to live. And it's the same in our spiritual lives. Jesus said, "It is written, 'Man shall not live by bread alone, but by every word that proceeds from the mouth of God.'"

If we want to nourish our spiritual life, it is essential that we spend time with God's Word. God's Word is a source of life! It contains infinite help and wisdom. And, when it is read and obeyed in a spirit of faith, it leads us to unimaginable spiritual growth.

2. Bible contains God's will for our lives and give us discernment

"What is God's will for my life?" There is no Bible verse that explicitly tells us what profession to pursue, where to live or whom to marry. But, nonetheless, the Bible's exhortations, guidelines, commandments and encouragement give us very concrete and infallible insight into God's will for us in every aspect of life. 2 Timothy 3:16-17 "All Scripture is God-breathed and is useful for teaching, rebuking, correcting and training in righteousness, so that the servant of God[a] may be thoroughly equipped for every good work."

"For the Word of God is living and powerful, and sharper than any two-edged sword, piercing even to the division of soul and spirit, and of joints and marrow, and is a discerner of the thoughts and intents of the heart." Hebrews 4:12.

3. Bible contains power to overcome

After we have made the firm decision to serve God wholeheartedly and refrain from sinning against Him, we will still experience temptation in our lives. James says that we are tempted when we are drawn away and enticed by our own lusts and desires. (James 1:14)

It's clear from Scripture that Satan makes use of these natural lusts and desires. Jesus showed us how he overcame Satan's temptation with scriptures: for each temptation Jesus faced, He had a counterattack. And every single counterattack involved God's Word. "Jesus said to him, 'It is written again, "You shall not tempt the Lord your God."'" And further, He says, "Away with you, Satan! For it is written 'You shall worship the Lord your God, and Him only you shall serve.'" Matthew 4:1-11.

Fill yourself with God's Holy Word to counterattack temptations that you face in life. Paul writes, "And take the helmet of salvation, and the sword of the Spirit, which is the word of God ..." Ephesians 6:17. The Bible, God's Word, is a weapon. It is a sword that gives us power and authority to overcome in the midst of temptation. Why not pick up this sword today?